

Laura C. McKay, DNP, CNM, FNP-BC

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LICENSURE:

Registered Professional Nurse, Georgia Licensure 8/24/1989
Advanced Practice Registered Nurse, Georgia Licensure 7/11/2000
Certified Nurse Midwife, American College of Nurse Midwives 1/21/2000
Family Nurse Practitioner, American Nurses Credentialing Center, 12/1/2016

PROFESSIONAL EXPERIENCE:

Program Director for Nursing, College of Nursing and Public Health

South University, Savannah GA, January 2015 to present
Manage a staff of four full time and fifteen adjunct faculty members, manage and oversee registration and clinical placement of more than 180 students, oversee delivery of fourteen courses with one to three sections of each course, serve as liaison for students taking courses through the PLUS program (online courses), and manage the daily operations of the department including budget, personnel issues, and addressing problems with students, faculty, and interdepartmental and community relations.

Family Nurse Practitioner, Curtis V. Cooper Primary Health Care, Inc., Savannah GA,
May 2017 to present

Provide primary health care services in a Federally Qualified Health Center. Patient population includes men and women with chronic health conditions, homeless clients, clients in transitional housing after incarceration, and those seeking wellness exams, health screenings, contraceptive management, and management of sexual dysfunction.

Assistant Professor of Graduate Nursing, College of Nursing and Public Health

South University, Savannah GA, April 2014 to January 2015.
Lead administrative faculty for Women's Health. Teach other graduate level courses as needed.

Certified Nurse Midwife/ Perinatal Advanced Practice Nurse, Savannah Perinatology Associates, Savannah GA, May 2007 to April 2014

Provided prenatal care to patients with high risk pregnancies including women with preexisting medical or surgical problems complicating pregnancy, diabetes, preeclampsia, preterm labor, fetal anomalies, and poor obstetric history.

Clinical Instructor, Georgia Southern University, Statesboro GA, February 2012 to May 2014

Supervised approximately sixty senior BSN students in their Community Health Nursing rotation at five clinical sites. Evaluated interactions with clients in a variety of

community settings, evaluated assessment of learning needs and implementation of health education interventions.

Clinical Nurse Manager, Labor and Delivery, Memorial Health University Medical Center, Savannah GA, December 2005 to April 2007

Responsible for daily operations of the unit including staff supervision, clinical consultation, nursing education, and budget management.

Certified Nurse Midwife, Northside Women's and Maternal-Fetal Specialists, Atlanta GA, December 2000 to August 2005

Managed outpatient and inpatient care for normal and high risk obstetric and gynecologic patients. Independently managed patients with normal pregnancy and labor courses, and collaboratively managed those with complications including preeclampsia, preterm labor, IUGR, fetal anomalies, and poor obstetric history. Independently performed vaginal deliveries of infants greater than 32 weeks gestation, and was first assist for Cesarean deliveries, D&E procedures, and cerclages.

Clinical Director, Georgia Health Resources, Marietta GA 1992-1994

Established and managed a local branch of a full scope national pediatric and perinatal home health care company. Hired, trained, and managed a staff of approximately 40 nurses and worked collaboratively with the staff of the pharmacy and durable medical equipment divisions to coordinate care.

Registered Nurse, Labor and Delivery, Mother-Baby, LDRP, NICN, Pediatric and Perinatal home health care, and obstetric education, March 1989 to December 2000 in various inpatient and outpatient settings in the Atlanta area.

EDUCATION:

South University, Savannah GA, Post Graduate Certificate, Family Nurse Practitioner specialization, completed October 2016

Georgia Southern University, Statesboro GA, Doctor of Nursing Practice program, graduated May 2012

Emory University, Nell Hodgson Woodruff School of Nursing, Atlanta GA, Master of Science in Nursing, Nurse Midwifery, graduated December 1999

Georgia Baptist Hospital School of Nursing, Atlanta GA, Registered Nursing Diploma, graduated March 1989

Georgia State University, Atlanta GA, academic courses for undergraduate and nursing bridge programs

PROFESSIONAL ORGANIZATIONS:

American College of Nurse Midwives, 1997 to present
Association of Women's Health, Obstetric, and Neonatal Nurses, 1998 to present
Doctors of Nursing Practice, 2010 to present
Sigma Theta Tau Honor Society for Nursing, 2013 to present

CERTIFICATIONS AND ADDITIONAL TRAINING:

Advanced Life Support in Obstetrics, 1999
Surgical First Assistant for Cesarean delivery, 2001
Leadership Academy, Northside Women's Specialists, 2002
Limited Third Trimester OB Ultrasound, 2003
Comprehensive Colposcopy, 2003

PRESENTATIONS AND PUBLICATIONS:

"Genetics and Genomics in Women's Health", keynote speaker, Ralph H. Johnson VA Medical Center, Charleston SC (April 2016).

"Primary Care in Women's Health", invited speaker, APRN Update, Mills House, Charleston SC (February 2016).

"Primary Care in Women's Health" podium presentation, Ralph H. Johnson VA Medical Center, Charleston SC (April 2015).

"Safe Management of Chronic Pain in an Era of Opioid Misuse and Abuse", Pritham, U. and McKay, L. (2014). *Journal of Obstetric, Gynecologic and Neonatal Nursing*, 43(5), pp. 554-67.

"Setting the Standard for Excellence in Women's Health Care", podium presentation at APRN Council of Coastal Georgia Annual Conference, Savannah GA (March 2014).

"Safe Use of Opioid Analgesics for Chronic Pain in Pregnancy", poster presentation at the Association of Women's Health, Obstetric, and Neonatal Nurses Annual Convention, Nashville, TN (June 2013).

"A Retrospective Comparison of Neonatal Outcomes for Infants Born to Mothers Using Opioid Analgesics for Chronic Non-Obstetric Pain in Pregnancy, and Implications for Clinical Practice", podium presentation of research at Advanced Practice Update, Memorial University Medical Center, Savannah, GA (June 2013).

"Developing DNP Policy Leaders in Addressing Health Disparities through Education Assignments," podium presentation at the Doctors of Nursing Practice Fourth National Conference, New Orleans, LA (September 2011).

“Girl Power: Making Good Choices for a Healthy Life,” presented to students and faculty at Horizons Day Camp, Savannah Country Day School, Savannah, GA (June 2011).

“Basics of Prenatal Care,” presented at J.C. Lewis Primary Health Care Center as an educational offering for staff and practitioners, Savannah GA (September 2010).

ACADEMIC SERVICE

President, Phi Kappa Chapter, Sigma Theta Tau Honor Society for Nursing, October 2016 to September 2017.

Chapter counselor, Savannah campus, Phi Kappa Chapter, Sigma Theta Tau Honor Society for Nursing, January 2015 to September 2016, October 2017 to present

COMMUNITY SERVICE:

Served on a disaster relief team as a volunteer medical provider in Waveland, MS following Hurricane Katrina in 2005

Participated in health screenings for the Southern Women’s Show in Savannah GA in 2006, 2007, and 2014

Participate on the Health Ministry team at local church